

DOODLE & DISCOVER

BAL VATIKA- I

SESSION 2025-26

The sun is bright, the skies are clear,
Summer fun is finally here!
I splash in pools and play all day,
With ice cream cones that melt away!

Dear Parent

With the sun shining bright and the days growing longer, we have a whole world of adventures waiting for our little Dipsites. As children dive into the joy of a break from school, it's important to keep their curious minds engaged. During this summer break, we encourage you to embrace the wonder and excitement of the season with your child.

Let these special moments be cherished in the minds of our little ones forever.

❖ Explore and Discover:

- **Nature Walks & Scavenger Hunts:** Take your child on a nature walk in a nearby park or neighbourhood. Create a simple scavenger hunt list, like find a leaf, a smooth rock or a feather and see what you can discover together. This activity will help improve their observation skills and encourage appreciation for nature.
- **Build a Story Together:** Sit down with your child and take turns adding to a story. Start with a simple prompt like "Once upon a time, there was a little fox..." and let your child's imagination run wild. **This fosters creativity, language skills, and a sense of collaboration.**

Reading with the little one strengthens family bonds through shared moments. It turns everyday time into meaningful memories that last a lifetime. Help your child develop a love for books by making bedtime reading a daily routine. Choose bright picture books with large text to keep it fun and interesting!



Some suggested Hindi Story Book Series:

- Panchatantra
- Jataka Tales
- Malgudi Days
- Tenali Raman Stories

Some suggested English Story Book Series:

- Winnie the Pooh
- Bubbles
- Pepper

We'd love to see your little one enjoying reading time! Do capture and share a few candid moments of your child reading and bonding with books by June 25, 2025.

- **Puzzle Play**: Challenge your child with puzzles, whether jigsaw puzzles or brain teasers. This is a great way to improve their critical thinking, patience, and attention to detail.
- **Cooking Together**: Get into the kitchen and let your child help with safe tasks like mixing, measuring. This will teach them about food, responsibility while having fun.
- **Encourage your child to converse in English and simple sentences like**
 - How are you? I am fine, thank you.
 - Please switch off/on the light/fan.
 - I want water/food.
 - Please open the door.



❖ Mini Movers: Fine Motor Magic

Help your little one strengthen those tiny muscles while having loads of fun! Boost their Fine Motor Skills through these playful and purposeful activities

- **Crunch Time** - Let them enjoy crushing paper into balls.
- **Puzzle Party** - Fit-in puzzles are perfect brain and finger workouts.
- **Sort It Out**- Help them in sorting grains, buttons or coins.
- **Dress-Up Skills** - Practice buttoning and unbuttoning, zipping and unzipping.
- **Table Time**- Encourage your child to set the dining table like a little host.
- **Dough Disco** - Squish, roll and shape dough for finger strength.
- **Thread-a-Pasta** - Try lacing and threading with pasta or beads.
- **Pin It Up** - Clip cloth pegs to clothes or a line like a laundry.

Some suggested links for fine motor skills development:

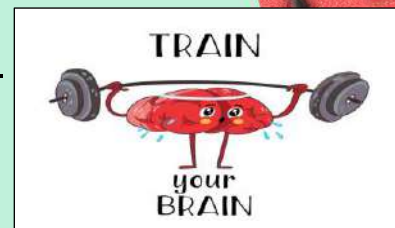
https://youtu.be/MD86MGsBd8w?si=h_pezR8E383CBP3v

https://youtu.be/PC6vKh3bhTI?si=mHJIcQ06mAw5t_fk

Let everyday tasks turn into exciting opportunities to grow, grip, and groove!

❖ Brain Gym: Learning Through Play!

Brain Gym is a set of fun, easy movements that help young learners improve their thinking, coordination, and learning skills. It turns playtime into brain-boosting time with actions.



Let your little learner dive into exciting, hands-on activities that reinforce letters and numbers in the most delightful way!

- **Sensory Letter & Number Hunt**

Transform a bin of rice, sand or beans into a treasure chest of learning. Hide small objects or flashcards that begin with A, B, or show them different numbers. Let your child explore the bin, find the hidden treasures and call them out loud. This boosts letter recognition, number sense and vocabulary—all while having fun.

- **Alphabet Adventures**

Open a book with bold, colourful text and go on a letter hunt! Help your child find A and B on each page and match them to pictures or objects around the house. This fun reading activity builds letter recognition and early phonics skills.

Some suggested links:

https://youtu.be/zSZ81PO3Aog?si=dpuU7VPtg3T_nopx

<https://youtu.be/DJt6ORwxKmE?si=o5fxlL4YdSt-i7d>

Energizers:

<https://youtu.be/388Q44ReOWE?si=i1KROI20toKv6GLH>

<https://youtu.be/-y5yuLuw7KQ?si=8vkGbagzrMdTa2Lm>

❖ **Let's Surprise Our Super Dads!**

Hello Little Stars!

Father's Day is just around the corner, and guess what? It's the perfect time to give your daddy a BIG smile and a warm, fuzzy feeling in his heart!

Your Special Holiday Mission: (With a little help from Mummy!)

Make a **beautiful, colourful Father's Day card** just for your daddy!

Use your tiny hands, bright colours, glitter, stickers, or even a cute drawing of you and your dad together!

Don't forget - it's a SURPRISE!

So shhh... keep it a secret and give it to him on **Father's Day (June 15th)** with a BIG hug!

Let's make our daddies feel super special - because they are!



Also, do share a 10 to 15-second video of your little one making Daddy feel special — a sweet memory we'd love to see!

Share it by June 16, 2025

Twinkle Time Tasks

"Your art, your magic, your way!"

Welcome to the **Colour Carnival!** It's time to dive into a world of colours, creativity and imagination. We've come up with fresh, exciting activities to spark your child's creativity while helping them explore new concepts and skills through art. Let's transform ordinary materials into extraordinary art projects!

1. Have a Heart, do your part- Save Animals Palm Print Animal Art



Step 1- Help your child select three favourite ANIMALS of his/her choice (such as a panda, tiger, or sea turtle). Help dipping the child's **palm in paint** and press it gently onto paper to make each animal's body.

- **Step 2-** Help him/her use their **fingers or thumbs** to add tails, ears, or wings.
 - **Step 3-** Let the paint **dry completely**. Help draw or glue on details such as eyes, stripes, or shells.
 - **Step 4-** Cut out each palm print animal carefully and assist in pasting each one onto a separate **paper plate**.
 - **Step 5-** Use a string or ribbon to tie the paper plates one below the other to create a vertical hanging display.
2. **Magic with Shapes-** Let's turn simple shapes into a world of imagination! This fun art activity uses basic shapes like circles, squares, triangles and rectangles to create exciting pictures, enhancing fine motor skills.

Step 1- Provide your child with cut-outs of circles, squares, triangles and rectangles in different colours and sizes to spark creativity.

Step 2- Encourage your child to arrange the shapes on an A4 size sheet into a fun picture.

Step 3- Assist him/her in gluing the shapes onto a blank sheet.

Step 4- Help add creative details with crayons or markers.



3. **"A Name to Remember!"**- A child's name is their first badge of identity — something they hear, recognize, and cherish from the very beginning. Let's turn that special name into a work of art!



Step 1- Encourage your little one to explore the letters in his/her name and help design a unique nameplate. Whether it's made from cardboard, craft paper or any fun materials you have at home—let their creativity shine!

Step 2- Provide your child with cutouts of the letters of his/her name.

Step 3- Guide the child to arrange and stick the letters on the base.

Step 4- Let them decorate with colours, stickers, ribbons or drawings—anything that reflects their personality!

You may refer to the links shared below:

<https://youtube.com/shorts/BNooT1HSZqI?si=yu64vTDT-9Y2PVV1>

https://youtu.be/Vuz_qFtFI8k?si=lyZLorqbnsQNQKC3

These special nameplates will be proudly displayed in the classroom, celebrating each child's individuality and boosting their confidence through creative expression.

Let's show the world:
"I'm unique—and so is my name!"

Creative Learning, Endless Fun!

With these fun and engaging activities, your child will not only reinforce their knowledge but will also enhance creativity, problem-solving and fine motor skills and transform learning into an adventure, making it an exciting experience every day!

Click pictures/make videos of your child enjoying the activities and you may share them with us.

You are requested to submit the labelled Palm Print Animal Art, Magic with Shapes and Name Plate after the summer vacation by July 7, 2025.

